

Care, Safety, & Support Resources

[Calvary Chapel Scripture Reference Guide](#)

Suicide Prevention Lifeline: 988

(three-digit code)

Mobile Crisis: Wellness Check: 954-463-0911

Non-Emergency: 954-764-HELP (4357)

Resources Listed By Topic:

Abuse

• [Trees of Hope](#) Contact: [954-553-2416](tel:954-553-2416)

• [Calvary Chapel Biblical Counseling](#)

Contact: MeredithC@CalvaryFTL.org

• *Redeeming Heartache: How Past Suffering Reveals Our True Calling* by Cathy Loerzel and Dan Allender

• *The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse* by Dr. D.B.B Allender

• *To Be Told: Know Your Story, Shape Your Future*, B: Dan B. Allender Ph.D.

• *Healing the Broken Places: For Women Healing from Domestic Abuse* by Dr. Kate Johnson, LMHC (Biblically-based workbook)

Anxiety/Depression

• *It Is Well: Study on Anxiety* by Sarah Morrison

• *Unmasking Anxiety* by Honor Weber – YouTube videos

• *Out of the Cave: Stepping into the Light When Depression Darkens What You See* by Chris Hodges

• *Transforming Your Thought Life: Christian Meditation in Focus* by Sarah Geringer

Chemical / Alcohol

• *When A Family Is In Trouble, Grief from Drug & Alcohol addiction* (for children 6-12 years) by Marge Heegaard

• *Bondage Breaker* by Neil T Anderson

• *Breaking Free*

• *Freedom from Addiction: Breaking the Bondage of Addiction and Finding Freedom in Christ* by Neil T Anderson

• *Christian Families in Recovery: A Guide to Addiction* by Robert and Stephanie Tucker

Childhood Trauma

- *Changes that Heal* by Dr. Henry Cloud
- *Suffering and the Heart of God: How Trauma Destroys and Christ Restores* by Diane Laingberg

Grief/Loss

- *Miscarriage, Stillbirth, and Infant Death: Empty Arms* by Sherokee Ilse
- *When Someone Very Special Dies* (for children 6-12years) by Marge Heegaard
- *Forgiven and Set Free* (abortion) by Linda Cochrane

Marriage Resources

- [The Gospel Centered Family by Paul Tripp](#)
- *Sacred Marriage* by Gary Thomas
- *5 Love Languages* by Gary Chapman
- [Winshape](#)

Parenting

- [The Gospel Centered Family by Paul Tripp](#)
- *The 5 Love Languages of Children: The Secret to Loving Children Effectively* by Gary Chapman
- *Doing Life With Your Adult Children* by Jim Burns

Porn/Sexual Integrity

- *Passions Of The Heart* by John D. Street
- [Pure Life Ministries](#)
- *The Game Plan* (Men) by Joe Dallas

- *Redeeming Heartache: How Past Suffering Reveals Our True Calling* by Dr. Dan Allender and Cathy Loerzel, MA

- *I'll Hold You Heaven* by Jack W. Hayford
- *Recovering from Losses in Life* by H. Norman Wright
- *Quiet Times For Those Who Grieve: Hope and Healing for Your Heart* by H. Norman Wright

- [Focus on the Family](#)
- *Now You're Speaking My Language: Honest Communication and Deeper Intimacy for a Stronger Marriage* by Gary Chapman

- *A Teen's Guide to the 5 Love Languages: How to Understand Yourself and Improve Relationships with Those You Care About* by Gary Chapman

- *Wired for Intimacy* by William M. Struthers

Suicide

[Guidelines for a suicide call or counseling](#)

Workplace Issues

- *Peacemaker* by Ken Sande
- *The Five Dysfunctions Of A Team* by Patrick M. Lencioni
- *Boundaries* by Henry Cloud, John Townsend
- *Spiritual Leadership* by Henry Blackaby and Richard Blackaby

- *Tale of Three Kings* by Gene Edwards
- *Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry* by Ruth Haley Barton

Inspirational

- *Chazown* by Craig Groeschel
- *To Be Told* by Dan Allender

Parachurch Ministries

[Trees of Hope](#) – Contact: [954-553-2416](#)

[Juli Slattery: Authentic Intimacy](#)

[Christopher Yuan](#)

[Life Essentials Program](#)

Counseling

[Sheridan House](#) – Contact: [954-880-9595](#)

[Spanish River](#) – Contact: [561-241-9014](#)

[Living Water: Dr. Norman Wise](#) – Contact: [954-726-2302](#)

[AP Family Counseling: Eddie Archer](#) – Contact: [954-716-9138](#)

[Hope Counseling](#) – Contact: [561-629-9918](#)

Ahava Christian Counseling and Services: Dr. Emilia Arnaud – Contact: [954-899-3979](#)