

Healing and Support Resources

[Scripture Reference Guide](#)

[BeBroken.Org](#): Resources for Men, Women, and Parenting

[Trees of Hope](#): Provides sexual abuse prevention and healing resources. Click on [this link](#) to find group studies, online learning, prevention resources for every stage of life, and individual resources.

Juli Slattery and Authentic Intimacy

<https://www.authenticintimacy.com/>

- [Java with Juli Podcast](#)
- [Authentic Intimacy Website](#)
- [Surrendered Sexuality](#)
- [Rethinking Sexuality](#)
- [God, Sex, and Your Marriage](#)
- [Sex and The Single Girl](#)
- [Her Freedom Journey](#)

Resources Listed By Topic

Suicide Prevention Lifeline: [988](#) (three digit code)

Mobile Crisis: Wellness Check: [954-463-0911](#)

Non-emergency: [954-764-HELP](#) (4357)

Abuse

- Trees of Hope: <https://www.treesofhope.org/> 954-553-2416
- Calvary Chapel Biblical Counseling: <https://calvaryftl.org/care/>
- *Redeeming Heartache: How Past Suffering Reveals Our True Calling* by Cathy Loerzel and Dan Allender
- *The Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse* by Dr D B Allender
- *To Be Told: Know Your Story, Shape Your Future* by Dan B. Allender Ph.D.
- *Healing the Broken Places: For Women Healing from Domestic Abuse* by Dr. Kate Johnson, LMHC (biblically-based workbook)

Anxiety/Depression

- *It Is Well: Study on Anxiety* by Sarah Morrison
- *Unmasking Anxiety* by Honor Weber – youtube videos
- *Out of the Cave: Stepping Into the Light When Depression Darkens What You See* by Chris Hodges
- *Transforming Your Thought Life: Christian Meditation in Focus* by Sarah Geringer
- For Teens: *Beyond the Spiral* <https://a.co/d/65WQHxx>

Chemical / Alcohol

- [Calvary House for Men and Women](#)—a free, faith-based recovery program dedicated to helping men and women break free from the grip of addiction.
- [Celebrate Recovery](#) at Calvary Chapel Fort Lauderdale (Monday nights)
- [Celebrate Recovery](#) at Calvary Chapel Plantation (Tuesday nights)
- [Celebrate Recovery](#) at Boynton Beach (Thursday nights)
- [Celebrate Recovery](#) at Downtown (Friday nights)
- [Celebrate Recovery](#) at West Boca (Friday nights)
- [Grace-Based Recovery](#)
- *When a Family Is in Trouble, Grief from Drug & Alcohol Addiction* (for children 6-12years) by Marge Heegaard
- *Bondage Breaker* by Neil T Anderson
- *Breaking Free*
- *Freedom from Addiction: Breaking the Bondage of Addiction and Finding Freedom in Christ* by Neil T Anderson
- *Christian Families in Recovery: A Guide to Addiction* by Stephanie Tucker & Robert Tucker

Childhood Trauma

- *Changes That Heal* by Dr. Henry Cloud
- *Suffering and the Heart of God: How Trauma Destroys and Christ Restores* by Diane Laingberg
- *Redeeming Heartache: How Past Suffering Reveals Our True Calling* by Dr. Dan Allender and Cathy Loerzel, MA

Grief/Loss

- [Grief Share](#) at Calvary Chapel
- *Miscarriage, Stillbirth, and Infant Death: Empty Arms* by Sherokee Ilse
- *When Someone Very Special Dies* (for children 6–12 years) by Marge Heegaard
- *Forgiven and Set Free* (abortion) by Linda Cochrane
- *I'll Hold You Heaven* by Jack W. Hayford
- *Recovering from Losses in Life* by H. Norman Wright
- *Quiet Times for Those Who Grieve: Hope and Healing for Your Heart* by H. Norman Wright

Marriage Resource Books & Bible Studies

- [Calvary Couples](#) - reclaiming the value of marriage through opportunities to connect and resources.
- [The Gospel Centered Family](#) by Paul Tripp
- *Sacred Marriage* by Gary Thomas
- [The Meaning of Marriage](#) by Tim Keller
- *5 Love Languages* by Gary Chapman
- *Now You're Speaking My Language: Honest Communication and Deeper Intimacy for a Stronger Marriage* by Gary Chapman

Marriage Retreats & Programs

- [Relate Well Live Well](#) (Hope Weekend and Marriage Classes)
- [Life Essentials Program](#)
- [Winshape](#)
- [Focus on the Family](#)

Parenting

- BeBroken.org - Critical conversations video series on how to talk to your child or teen about sex.
- [The Gospel Centered Family](#) by Paul Tripp
- *The 5 Love Languages of Children: The Secret to Loving Children Effectively* by Gary Chapman
- *A Teen's Guide to the 5 Love Languages: How to Understand Yourself and Improve Relationships with Those You Care About* by Gary Chapman
- *Doing Life With Your Adult Children* by Jim Burns

Porn/Sexual Integrity

- BeBroken.org - resources for men, spouses, and parents.
- [Pure Life Ministries](#)
- *Passions of the Heart* by John D Street
- *Wired for Intimacy* by William M. Struthers
- *The Game Plan (Men)* by Joe Dallas

Suicide

[Guidelines for a suicide call or counseling](#)

Workplace Issues

- *Peacemaker* by Ken Sande
- *The Five Dysfunctions of a Team* by Patrick M. Lencioni
- *Boundaries* by Henry Cloud & John Townsend
- *Spiritual Leadership* by Henry Blackaby and Richard Blackaby
- *Tale of Three Kings* by Gene Edwards
- *Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry* by Ruth Haley Barton

Counseling

- [Sheridan House](#) | Tel: [954-880-9595](#)
- [Spanish River](#) | Tel: [561-241-9014](#)
- [AP Family Counseling](#) | Eddie Archer | Tel: [954-716-9138](#)
- [Hope Counseling \(Sexual Abuse\)](#) | Kristen Torres, Holly Fregin
Tel: [561-629-9918](#)

Inspirational

- *Chazown* by Craig Groschel
- *To Be Told* by Dan Allender

Parachurch Ministries

[Trees of Hope](#) | Tel: [954-553-2416](#)

[Juli Slattery: Authentic Intimacy](#)

[Christopher Yuan](#)

[Relate Well Live Well](#)